For Freddie and Cleo – Keep on creating! R. M. For Dad – Thank you for making me an artist. E. S.



First published 2024 by Nosy Crow Ltd Wheat Wharf, 27a Shad Thames, London, SE1 2XZ, UK

> Nosy Crow Eireann Ltd 44 Orchard Grove, Kenmare, Co Kerry, V93 FY22, Ireland

> > www.nosycrow.com

ISBN 978 1 83994 475 8

Nosy Crow and associated logos are trademarks and/or registered trademarks of Nosy Crow Ltd.

Text © Ruth Millington 2024 Illustrations © Ellen Surrey 2024

The right of Ruth Millington to be identified as the author and Ellen Surrey to be identified as the illustrator of this work has been asserted.

All rights reserved.

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, hired out or otherwise circulated in any form of binding or cover other than that in which it is published. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means (electronic, mechanical, photocopying, recording or otherwise) without the prior written permission of Nosy Crow Ltd.

A CIP catalogue record for this book is available from the British Library.

Printed in China.

Papers used by Nosy Crow are made from wood grown in sustainable forests.

135798642

CONTENTS

Introduction	4-11
Make handprint art like A CAVE PAINTER	12–13
Make a mosaic like AN ANCIENT ROMAN	14-15
Measure your proportions like LEONARDO DA VINCI	16-17
Paint a self-portrait like ARTEMISIA GENTILESCHI	18–19
Block print like KATSUSHIKA HOKUSAI	20-21
Cut out a silhouette portrait like MOSES WILLIAMS	22-23
Paint the outdoors like CLAUDE MONET	24-25
Paint in points like GEORGES SEURAT	26-27
Paint a still life like VINCENT VAN GOGH	28-29
Cut out like HENRI MATISSE	30-31
Create a cubist collage like PABLO PICASSO	32-33
Make an abstract mobile like HILMA AF KLINT	34-35
Get surreal like SALVADOR DALÍ	36-37
Decorate your hair with flowers like FRIDA KAHLO	38-39
Perform a poem like HUGO BALL	40-41
Carve a sculpture like BARBARA HEPWORTH	42-43
Splash paint like JANET SOBEL	44-45
Make pop-art-style prints like ANDY WARHOL	46-47
Draw an optical illusion like BRIDGET RILEY	48-49
Create a crown like JEAN-MICHEL BASQUIAT	50-51
Wrap a string sculpture like JUDITH SCOTT	52-53
Wash over wax like EMILY KAME KNGWARREYE	54-55
Turn yourself invisible like LIU BOLIN	56-57
Make a polka-dot pumpkin like YAYOI KUSAMA	58-59
Make a mural like ESTHER MAHLANGU	60-61
Glossary	62-63
About the Author and Illustrator	64
Acknowledgements	64





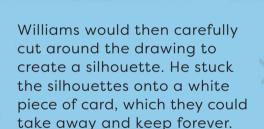
Cut out a silhouette portrait like MOSES WILLIAMS

Today, it's easy to use a camera to take quick photographs of people. But, back in the 1700s, photography had not yet been invented. So, how could people create pictures to show what a person looked like? African-American artist Moses Williams had a special way of making black and white portraits, called **SILHOUETTE CUT-OUTS**.

Williams started his life as an enslaved man. His enslaver was a man called Charles Willson Peale, who owned a grand museum in Pennsylvania, USA. Museums were usually filled with paintings, skeletons or fossils, but many Americans visited Peale's museum for a very different reason. Williams, who worked for Peale at the museum, would create their portrait.

He used a machine called a physionotrace, which had a pencil attached to a needle. Visitors would sit in front of the machine, while Williams used it to draw the exact outline of their head and shoulders onto black paper in just a few minutes.

Williams asked people to turn their head and shoulders away from him. When people are looking to one side like this, it makes their features stand out. This view of a person is called 'in profile'.

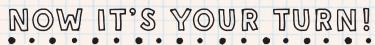


Williams was so talented that people came from all over America to have their silhouettes made by him and, soon, he was freed from slavery to become a full-time artist.

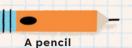
With the money that he earned, Williams eventually got married and bought his own home – which he would not have been able to do as an enslaved man.

A silhouette is when a line is drawn around an object, person, animal or scene and it's filled with a single colour.
Your shadow is a type of silhouette.





What you will need:









Who will you draw first? Invite a friend or family member to sit down in front of you. Make sure they're facing sideways, so you can create their silhouette portrait in profile.

2 Draw the outline of their head and shoulders onto a piece of black paper with a thick pencil. Pay attention to the shape of their nose, mouth, chin and even strands of hair.



Cut very carefully around the outline you've drawn. It's easier to move the paper, not the scissors, as you cut.



TIP: If the person you are drawing sits in front of a white wall, it will be easier to see the shape of their outline.



TIP: You can also create a cut-out silhouette using a photograph.







Make an abstract mobile like HILMA AF KLINT

But she also began to make abstract art in secret. Af Klint only let a few people see her abstract paintings because she didn't think most people would like or understand them.



Rather than representing a subject, like a person or landscape, Hilma af Klint preferred to create paintings of colourful circles, spirals, looping lines and other spinning shapes. She was one of the first **ABSTRACT** artists in Europe.

Although Af Klint's images are flat and still, many of them look like they are moving because she included swirling shapes in glowing colours. Some of them look like they are made up of flower petals, floating across the surface. They might also make you think of outer space, filled with spinning stars, suns and orbiting planets.



While Af Klint wasn't interested in painting realistic pictures of the world around her, her abstract art shows how she was amazed by the universe we live in.



A palette or

paper plate

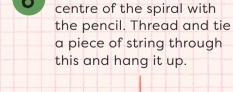
A long piece

of string

or thread

On pieces of coloured card, draw small shapes from Af Klint's paintings – petals, flowers, circles. Cut them out.

When the painted plate is dry, draw a spiral on it from the outside to the middle. It should look like the shell of a snail that curls inwards about three times.



TIP: You could decorate the shapes with paint or tin foil before you cut them out.

Glue your smaller shapes to the plate, spacing them out however you like.

Cut along the line

until you reach the

centre, then pull

the spiral apart to

create a long twist.



Poke a small hole in the

34

A paper

plate



British artist Barbara Hepworth studied **SCULPTURE** in a few different cities - Leeds and London, UK, and Florence, Italy. But she was happiest by the seaside. For more than 25 years she lived in a house that was just a short walk from the beach in Cornwall, UK. On the seashore she discovered pebbles, stones, shells and open caves. She noticed that they were all made up of similar shapes - circles, semicircles and holes. Inspired, she turned these shapes from nature into large sculptures.

> Hepworth was also interested in textures, which is how something feels. A pebble might be smooth, while a rock is rough. Hepworth would often make the same sculpture again and again in different materials such as wood, stone, marble, plaster and bronze to change its texture.



Working with special tools called chisels, Hepworth chipped away and carved into blocks of materials to make her sculptures. While paintings are flat, sculptures are solid three-dimensional objects. This means you can see them from all sides. Hepworth thought people should be able to walk all the way round them. She even invited people to peer through her sculptures by making holes in them.

> The holes were just as important as the solid space. Hepworth would leave her finished sculptures outside so it was like peering through a window to another world.



NOW YOUR TURN!

What you will need:

- * A tray (ideally with sides)
- * A large bar of soap * A plastic knife
- * A vegetable peeler * Nail scissors

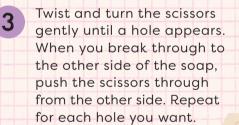


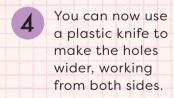
Now lay the soap flat. It's time to make holes in it. Pierce where you want your first hole to be with a pair of closed nail scissors. You'll need to ask a grown-up to help with this bit.

Working on your tray, use a plastic knife or peeler to carve a flat

bottom edge on your soap so

that it will stand up.





TIP: Make sure the holes are not too close to the edges or each other, as the soap may break.

With the peeler, smooth the outer edges of your soap until it's a shape you like. You can smooth it more by dipping your finger in water and running it along the edges. Or you might prefer to leave it rough.

TIP: Why not make a group of soap sculptures of different textures and shapes and exhibit them outside?



