



For Isaac DC
For Ava and Bertie JG



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Milly Cow

gives milk



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Milly is a dairy cow.
She gives me scrumptious milk.

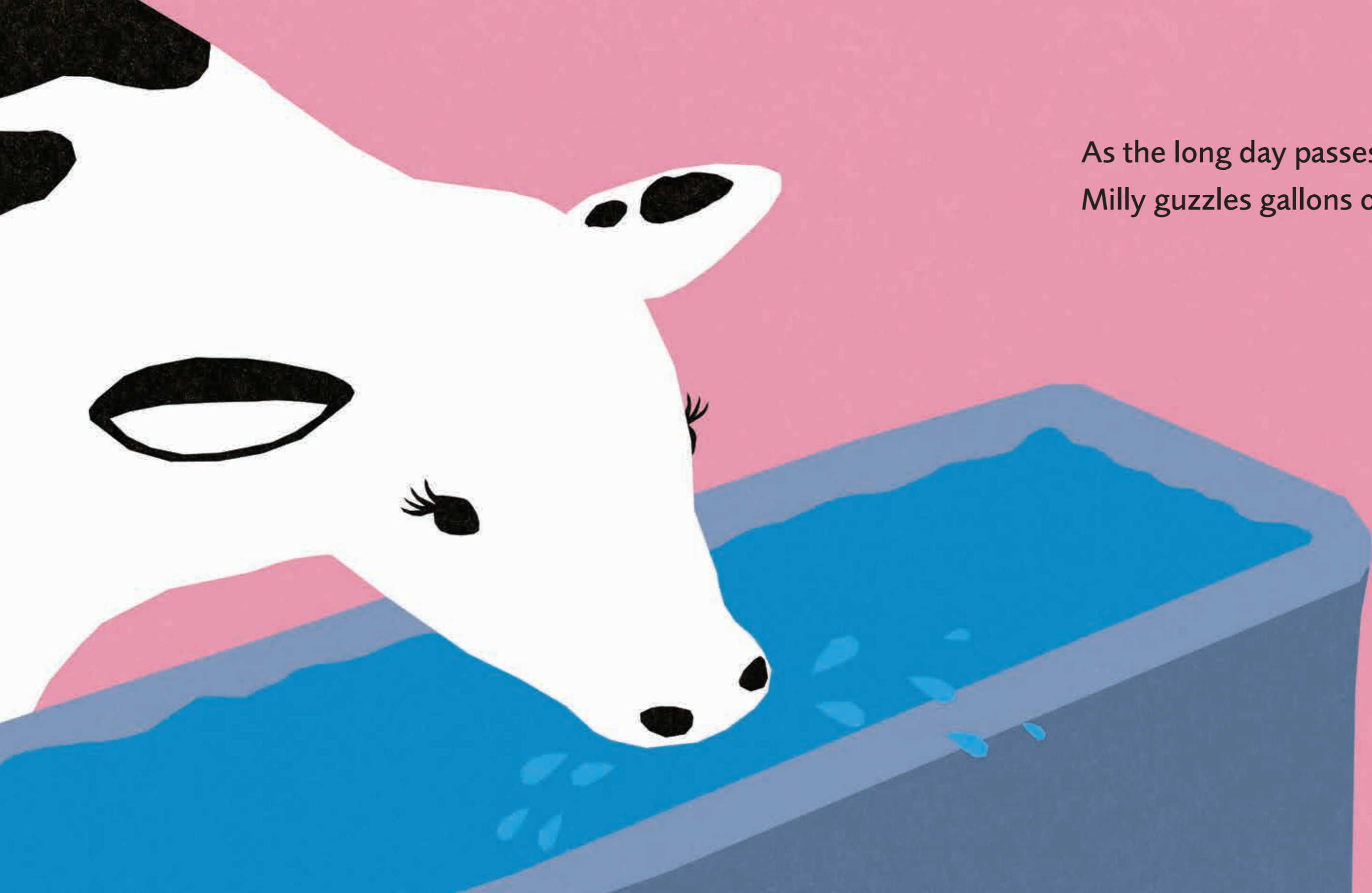


Milly lives in a happy herd of cows.
Farmer McBean takes good care of them all.



In summer, Milly grazes on lush, green grass.
In winter, she eats mounds of tasty hay.
She chews . . . and chews . . . and chews . . .
to help her food go down.





As the long day passes slowly by,
Milly guzzles gallons of fresh water.

Follow the trail to match the words and pictures.

A herd is a group of animals that live together.



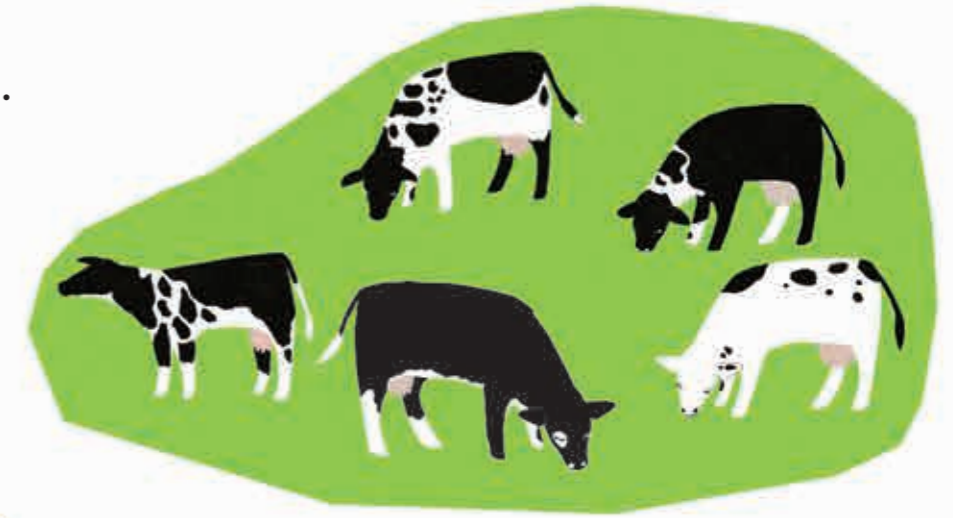
A milking parlour is a building where cows are milked.



Crops are plants that are grown for food.



A cowpat is a round, flat dollop of cow poo.



A dairy cow is a cow that gives us milk.



The udder is the part of a cow that gives us milk.



Funny cows

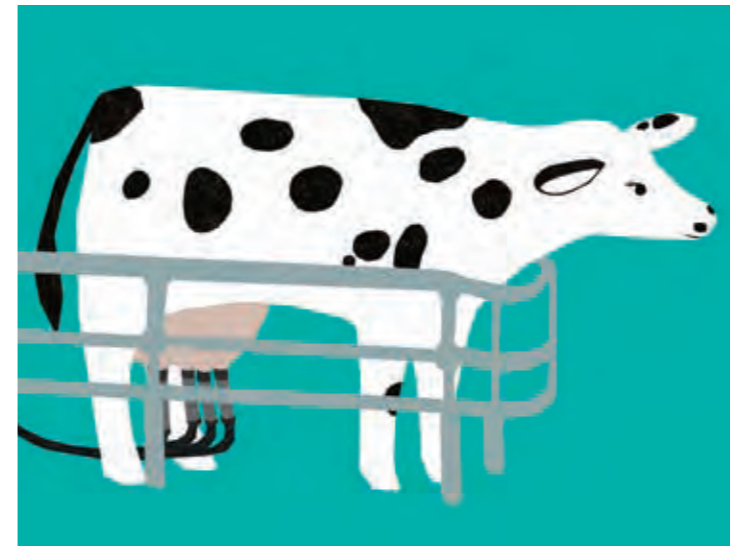
Did you know that just like people, no two cows are ever the same?

Each cow in a herd has her own unique personality. She makes special friends with some of the other cows, and does funny things, like using her teeth to pluck juicy blackberries off a bramble bush!



Marvellous milk

Milk is all that babies need to eat, and it is good for you too. It's full of vitamins and has a mineral called calcium, which helps teeth and bones to grow. Most milk comes from cows, so farmers who look after cows do an important job. They give their herds food and shelter, making sure they are milked regularly.

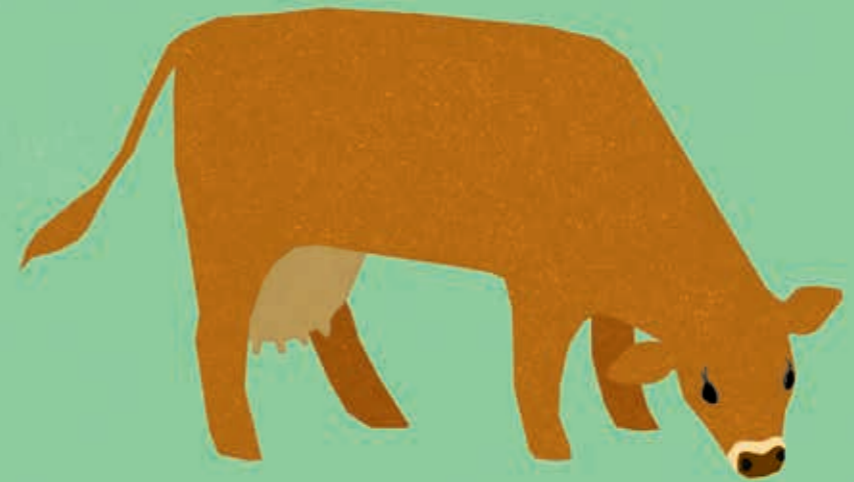


Cows are not the only animals to give us milk. This nutritious drink also comes from goats, sheep, buffaloes, camels and llamas! Milk from different animals is used to make cream, butter, cheese and yoghurt. Delicious ice cream is also made from milk.

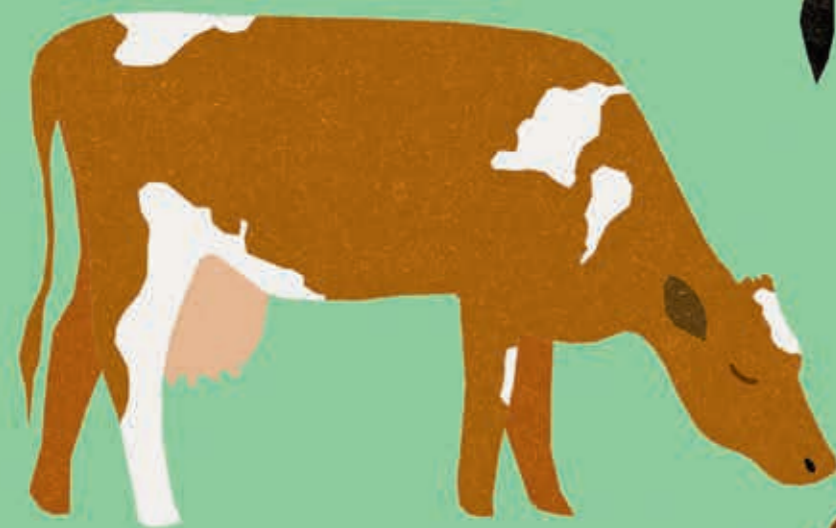
Beautiful breeds

Milly is a Holstein Friesian cow. This common kind of dairy cow makes more milk than any other breed. There are many different breeds of dairy cow. Here are just a few.

Holstein Friesian



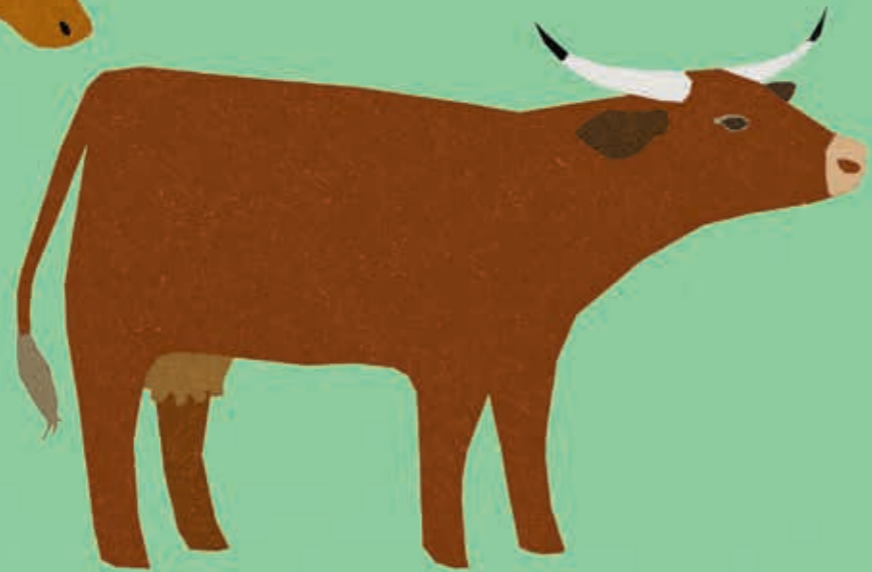
Jersey



Guernsey



Ayreshire



Milking Devon



Dutch Belted

Make a milkshake

Ice cream is made from milk.
You can use ice cream to make this
yummy milkshake.
Ask a grown up to help!

You will need:

A glass of milk
2 scoops of vanilla ice cream
6 strawberries
Blender



Instructions:

1. Cut up the strawberries, chopping off the tops.
2. Put the ice cream in a blender and pour over the milk.
3. Tip in the strawberries.
4. Blend the mixture until smooth.
5. Pour into a glass and enjoy your drink!

