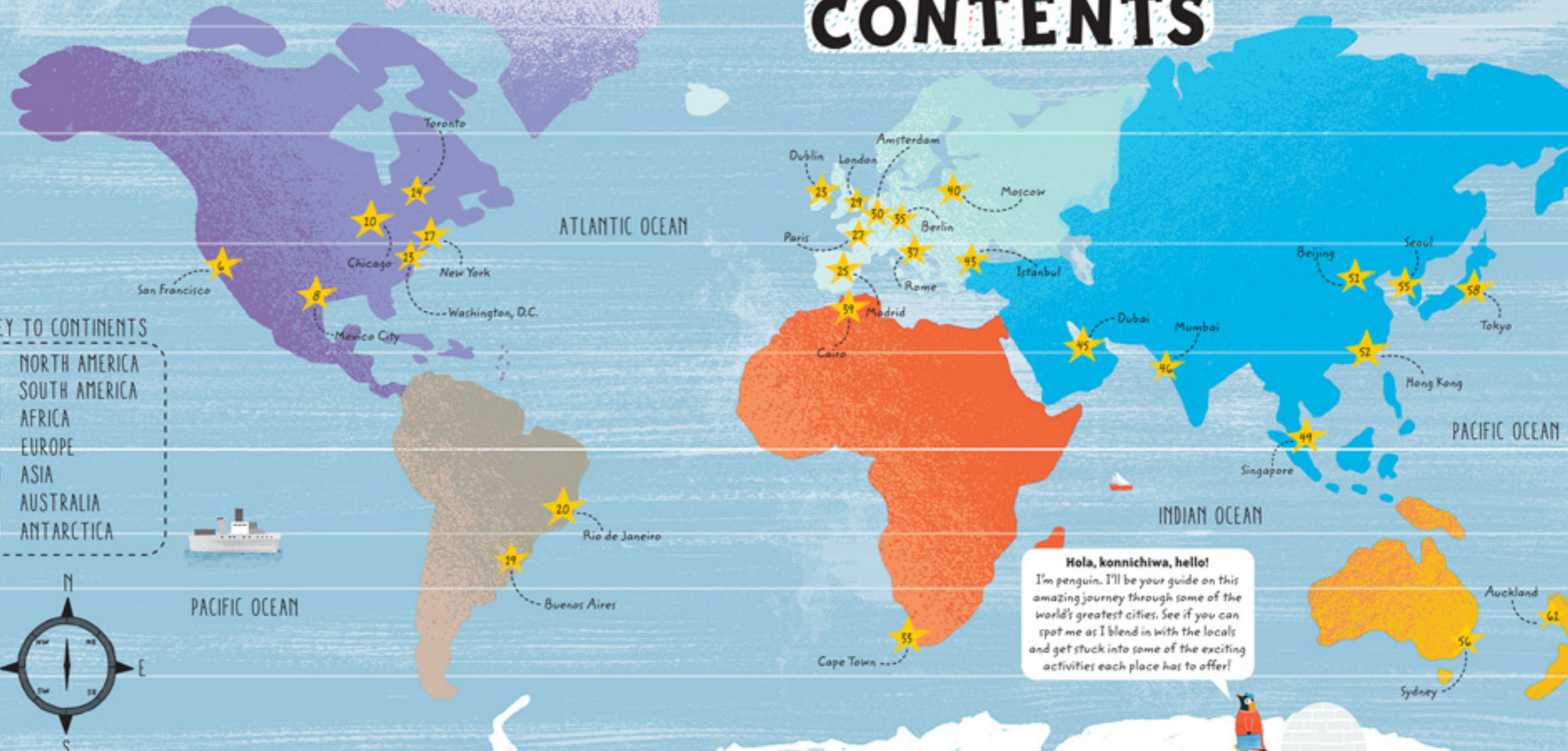


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**Hola, konnichiwa, hello!**  
I'm penguin. I'll be your guide on this amazing journey through some of the world's greatest cities. See if you can spot me as I blend in with the locals and get stuck into some of the exciting activities each place has to offer!



# MEXICO CITY



**Hola! (Oh-lah)**  
 This vast, sprawling city in Central America was built by the Spanish on the site of the ancient Aztec city of Tenochtitlan. Today the Spanish and Indian communities have blended together to create a colourful mix of traditions and cultures.

**COUNTRY** Mexico      **Language** Spanish  
**CURRENCY** Mexican Peso      **Population** 8.9 million

The ancient Aztecs were a bloodthirsty lot. They believed they had to sacrifice human lives to keep the sun gods happy and to help their crops to grow. They killed as many as 50,000 people a year (that's one every ten minutes!).

In Aztec times you could enjoy some of these tasty treats!

**Aztec Shopping List**  
 500g of ants (extra crunchy)  
 5 large lizards  
 1 mixed bag of frogs and toads  
 2oz of beetle grubs and caterpillars

AZTECS



PYRAMIDS OF TEOTIHUACÁN

To the north of the city you will find the mysterious pyramids of Teotihuacán. No one knows who built the pyramids but they became an important religious site for the Aztecs.



A PINATA

is a clay or papier-mâché pot filled with toys and sweets. At festivals, blindfolded children take it in turns to try and break open the pots with a long pole, then race to collect the scattered sweets.



Mexico is famous for its lively parties or 'fiestas'. On the 2nd of November, The Day of the Dead, people remember friends and relatives who have died. Each family puts on a great banquet and lights candles to guide the spirits of the dead to the feast.

DAY OF THE DEAD FESTIVAL



CHAPULTEPEC PARK

ANGEL OF INDEPENDENCE



"ZÓCALO" MAIN SQUARE



Mexican food is a delicious blend of Indian and Spanish styles. The most popular foods are maize tortillas (a flat bread), beans and chilli.



THE BLUE HOUSE OF ARTIST FRIDA KAHLO

MEXICAN HAT DANCE



TORTILLAS, JALAPEÑOS AND GUACAMOLE

# NEW YORK

Ellis Island was the gateway for millions of immigrants to the United States of America between 1892 and 1954. As they arrived they would see the towering Statue of Liberty. The statue was a gift from France, built in 1886 and represents the independence and freedom of America.



ELLIS ISLAND



STATUE OF LIBERTY

'Lady Liberty', as she is known, is so big that her nose alone is 4ft 6 inches long and she wears a size 87½ shoe!



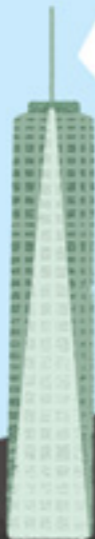
STATEN ISLAND



BROOKLYN BRIDGE

BROOKLYN

ONE WORLD TRADE CENTRE



BIG APPLE

WALL ST

The famous financial district of New York.



CHINATOWN



LITTLE ITALY

NYC

EMPIRE STATE BUILDING



CHRYSLER BUILDING

TIMES SQUARE



MANHATTAN

CENTRAL PARK



GUGGENHEIM MUSEUM



THE BRONX

QUEENS

**HI!**  
Did you know that New York City is known as 'The Big Apple' and that it used to be the capital of the USA? It also has one of the world's most famous skylines with towering skyscrapers like the Empire State Building and the beautiful Chrysler Building.

**COUNTRY** USA  
**CURRENCY** US Dollar

**Language** English  
**Population** 87 million

NEW YORK HOT DOG



New York City is made up of 5 districts - Manhattan, The Bronx, Brooklyn, Queens and Staten Island. Manhattan sits in a natural harbour surrounded by water. New York City has many iconic attractions, from the bright lights of Times Square and Broadway, the home of musicals, to the world-famous Guggenheim Museum and New York Yankees baseball team.

# LONDON

## MIND THE GAP

Buckingham Palace is the official London home of the Queen. It has an incredible 775 rooms, 1,514 doors and 760 windows!



The Tower of London is one of the most haunted places in the country. The ghost of Henry VIII's second wife, Anne Boleyn, who was beheaded in 1536, has been said to walk around the tower carrying her head under her arm!

**Hello!**  
In its 2,000-year history London has survived great fires, rebellions and plagues. Join me on my red bus tour as I have tea with the Queen, watch the changing of the guards and listen to tales of torture at the Tower of London.

<b>COUNTRY</b>	England	<b>Language</b>	English
<b>CURRENCY</b>	British Pound	<b>Population</b>	8.7 million



The London tube is the oldest underground system in the world. During the Second World War Londoners slept in the tunnels to protect them from the bombing raids.

**REMEMBER REMEMBER THE 5TH OF NOVEMBER!**  
In 1605 Guy Fawkes hatched a dastardly plan to blow up King James I and his parliament. The plot was uncovered just in time and is remembered each year on the 5th of November with fireworks and bonfires all across the country.

**LONDON'S HIDDEN PAST**  
London was founded by the Romans in 46AD. The town was called Londinium and had fortified walls, baths and an arena where savage gladiator fights took place. Evidence of London's Roman past can still be found including skeletons and coins.



BUCKINGHAM PALACE



Big Ben is the name of the 15-ton bell inside the clock tower.

HOUSES OF PARLIAMENT



ST PAUL'S CATHEDRAL



TOWER OF LONDON

A traditional East End meal!



PIE AND MASH



PEARLY KINGS AND QUEENS



LONDON EYE



TATE MODERN

**DID YOU KNOW?**  
For 600 years wild animals from around the world were kept in the tower, including a lioness called Elizabeth and a grizzly bear called Martin!



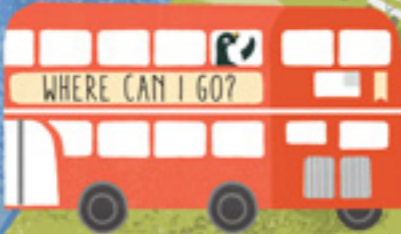
THE SHARD



TOWER BRIDGE



CUTTY SARK



# CAIRO

## Ahlan! (Ah-lan)

Exploring the ancient city of Cairo is like stepping back in time. Its narrow, dusty streets are a maze of mosques and shops selling everything from live chickens to tourist trinkets. Hitch a ride on a camel and go in search of the magnificent pyramids and treasures of the pharaohs!

**COUNTRY** Egypt

**Language** Egyptian Arabic

**CURRENCY** Egyptian Pound

**Population** 9.1 million



## CAIRO MUSEUM

Come face to face with the gold mask of Tutankhamun, the famous boy pharaoh who ruled over 3,500 years ago.



The Ancient Egyptians built giant pyramids as burial places and monuments to the pharaohs (kings). The pharaoh's body was preserved through a process called mummification and buried deep inside the pyramid along with all sorts of things they might need to survive in the afterlife.

The Great Pyramid was built for the Egyptian pharaoh Kefu around 2540BC. It is the only wonder of the ancient world that still exists today.

**RIVER NILE**  
Every year the Nile River floods the land and helps the farmers' crops to grow. Without the Nile all of Egypt would be desert.

Watch the spectacular twirling dance of the Whirling Dervishes at the medieval citadel.

The domes and minarets of the city's mosques rise up into the sky. A minaret is a tall tower from which a muezzin (or crier) summons the people to prayer. The sound of this call floats across the rooftops and can be heard throughout the city.

Many of the city's poorer families have moved into the city's cemeteries where they have turned the tombs and mausoleums into homes.

THE GREAT PYRAMID OF GIZA

THE HANGING CHURCH

CITADEL

CITY OF THE DEAD

# ISTANBUL

## Merhaba! (Mehr-hah-bah)

Istanbul is one of the world's greatest and most ancient cities. Once a bustling trading port, the city has been the capital of the powerful Roman, Byzantine and Ottoman Empires. Visitors today come to haggle in its open-air markets and admire its magnificent buildings.

**COUNTRY** Turkey

**Language** Turkish

**CURRENCY** Turkish Lira

**Population** 15.5 million



Public baths or 'hamam' have been an important part of Turkish life for hundreds of years.



A bazaar is the Turkish name for an open-air market. It contains many shops selling traditional items like carpets, silk slippers, exotic spices and a famous sweet flavoured with rose petals called Turkish delight.

## GRAND BAZAAR



A simit is a round Turkish bread similar to a pretzel. Street sellers carry huge trays of them on their heads like this.



Istanbul has had many different names over the years including Byzantium, Constantinople and Stamboul.



## MEZZE PLATTER

Popular Turkish foods include kebabs made from grilled lamb, hummus (a dip made from chickpeas) and baba ganoush (mashed aubergine).

## GALATA

## GOLDEN HORN



## TOPKAPI PALACE

This is where the sultans (kings) once lived.

## HAGIA SOPHIA



## BLUE MOSQUE

## BOSPHORUS



## EUROPE

## ASIA

Istanbul is the only city in the world that straddles two continents. Its western side is in Europe but hop on a ferry or cross the bridge over the Bosphorus River and you will find yourself in Asia!

# TOKYO

## Konnichiwa! (Kon-ee-chee-wa)

Tokyo began as a small fishing village called Edo around 5,000 years ago. Today it is the capital of Japan and one of the biggest, most populated cities in the world!

**COUNTRY** Japan **LANGUAGE** Japanese  
**CURRENCY** Yen **POPULATION** 9.2 (or 36!) million



Traditional Japanese outfits are called kimonos. The name kimono means 'thing to wear.'

## MT FUJI

Mount Fuji is an active volcano and the highest mountain in Japan. On a clear day it can be seen from the Sky Tree.

## SHIBUYA

The city's busy shopping district.



**IMPERIAL PALACE**  
Where the Emperor lives.

## TOKYO TOWER



## FISH MARKET

Sushi is the national dish of Japan. It is made from raw fish wrapped in rice and seaweed.



## KANNON TEMPLE



## SUMO

## SUSHI



## TOKYO BAY

## SKY TREE



Sumo wrestling is a national sport where men with big tummies have to push each other out of a ring. Sumo wrestlers eat around 20,000 calories per day, that's up to ten times what an average person needs!

## MYTHS AND LEGENDS

According to ancient legends the city's rivers are home to a strange beast called a 'kappa'. A kappa is a turtle-like creature that enjoys kidnapping children and drowning swimmers. But don't worry, they can be won over by offerings of their favourite food - cucumbers!

## 1,000 CRANES

In Japan it is said that if you make a thousand origami cranes you will be granted one special wish! What would you wish for?

Origami is the Japanese art of folding paper to create objects or animals.



## ORIGAMI



## TOKYO SUBWAY

has 'train pushers' called oshiya who make sure everyone fits in!



## JAPANESE GARDEN

The cherry blossom ('sakura') is Japan's national flower and is a very important part of Japanese culture. Each spring the blossoming of the cherry trees is celebrated with special parties called 'hanami.'

