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choosing books easy
and fun

Opening extract from
**The National Trust: 50 Things to
Do Before You're 11 $\frac{3}{4}$**

Written & Illustrated by
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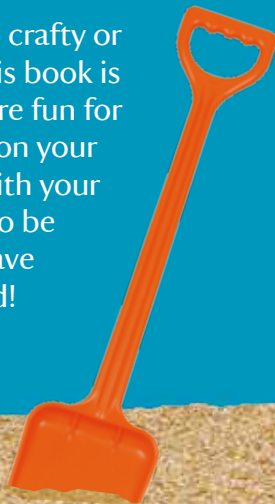
50 things to do before you're 11³/₄

Welcome to the great outdoors . . .

In this book, there's everything you need to have an excellent adventure! With help from kids all over the country, we've put together a list of great challenges; the ultimate 50 things to do before you're 11³/₄. Are you ready? Let's get exploring!

Who's it for?

Whether you're creative and crafty or you're an active explorer, this book is packed with activities that are fun for everyone! You can do them on your own, with your friends, or with your family. And you don't have to be under 11³/₄ – so don't leave the grown-ups behind!



Let's go!

You can do these activities almost anywhere you want – in your back garden, your local park or at a nearby National Trust place. To find somewhere near you, check out the 50 Things app or visit: nationaltrust.org.uk/50thingstodo

Note to grown-ups

We recommend that you use your own judgement about what is safe and suitable for your children, and supervise these activities where necessary. If your little explorers are handling animals, don't forget to put them back where they came from.

Meet the gang

First things first, there are a few people we'd like you to meet. Say hello to Craig, Rae and Mia . . .

Map - check!
Compass - check!
Water bottle - check!
That's everything!

These guys have all the know-how you need to complete your 50 things, so keep an eye out for them inside this book. They know loads of cool facts and have some great tips for exploring outdoors!

CRAIG

Age: 7½
Likes: Running, climbing, playing . . . anything outdoors!
Dislikes: Spiders
Favourite activity: Roll down a really big hill
Explorer type: Active explorer



RAE

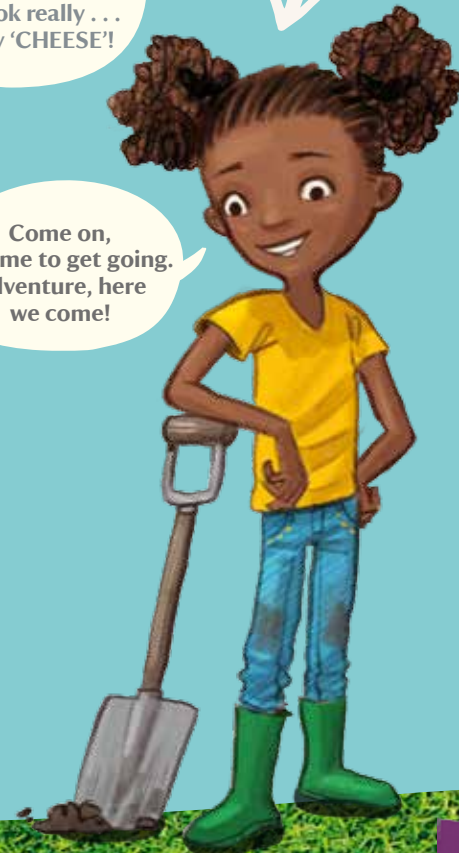
Age: 11¾
Likes: Photography, tennis and animals
Dislikes: Singing
Favourite activity: Bring up a butterfly
Explorer type: Animal lover



Don't mind my little brother. He can be SO annoying. But he's ok really . . . Now, say 'CHEESE'!

MIA

Age: 11
Likes: Growing her own vegetables and painting
Dislikes: Ketchup
Favourite activity: Plant it, grow it, eat it
Explorer type: Creative and crafty



Come on, it's time to get going. Adventure, here we come!

To find out your explorer type, try our quiz on page 12.

Using this book



So, now you've met the team, let's talk about how to get started on your 50 things. Easy, right? Just get outside and have fun! But don't forget to take this handbook - it's got all the tips you need for an amazing adventure, plus loads of other stuff to do!

Where to start?

You can start at the beginning, or do the activities in any order you like! And if you can't find what you're looking for, just turn to the index on page 94.

When you've completed an activity, sign your name and date at the bottom of the page - or stick a 50 things sticker over the circle. Stickers are available at participating National Trust properties.

Stick your sticker here | Stick your sticker here | Stick your sticker here | Stick your sticker here

Date	_____
Signature	_____

Scrapbook

There's notepaper at the back of this book, along with space to stick in your photos. That means you can use this as a proper explorer's journal and fill it with notes, drawings, doodles, memories and more!

Fun and games

When you're in the car or relaxing at the end of a busy day, why not check out the quiz and puzzles in the activities section, starting on page 78?

I LOVE taking photos - so my notebook's full of all the pictures I've taken!

50
THINGS
11+

There's also a 50 things website and app, where you can upload pictures, tick off your adventures and find events and places near you. When you finish all 50 things, you can go online to claim your secret reward!



What sort of explorer are you?

You're about to start a big adventure. And like all great explorers, you'll discover new places, encounter wild beasts and travel great distances (well, you'll go on a few long walks). But have you ever wondered what sort of explorer you are? Take this fun quiz and you'll soon find out.

START
HERE



GADGET WHIZZ

You never go out without your gadgets and you've got the perfect app for everything. You're great to have on a trip and always have the facts at your fingertips - but don't be afraid to jump in and get messy from time to time.



CREATIVE AND CRAFTY

You love drawing in your sketchbook, making wild art and gathering materials for your scrapbook - and you're always full of fantastic ideas! But that doesn't mean you can't be adventurous at the same time!



ACTIVE EXPLORER

You're always full of energy and you're the first to try out any new activity - whether it's climbing a tree or rolling down a hill. Don't forget to notice the little details in nature while you're having all that fun!



ANIMAL LOVER

You just love animals, and could watch them for hours! Your quiet, gentle nature means you're good at seeing nature in the wild, but don't forget it's fun to be really LOUD and SILLY sometimes!

